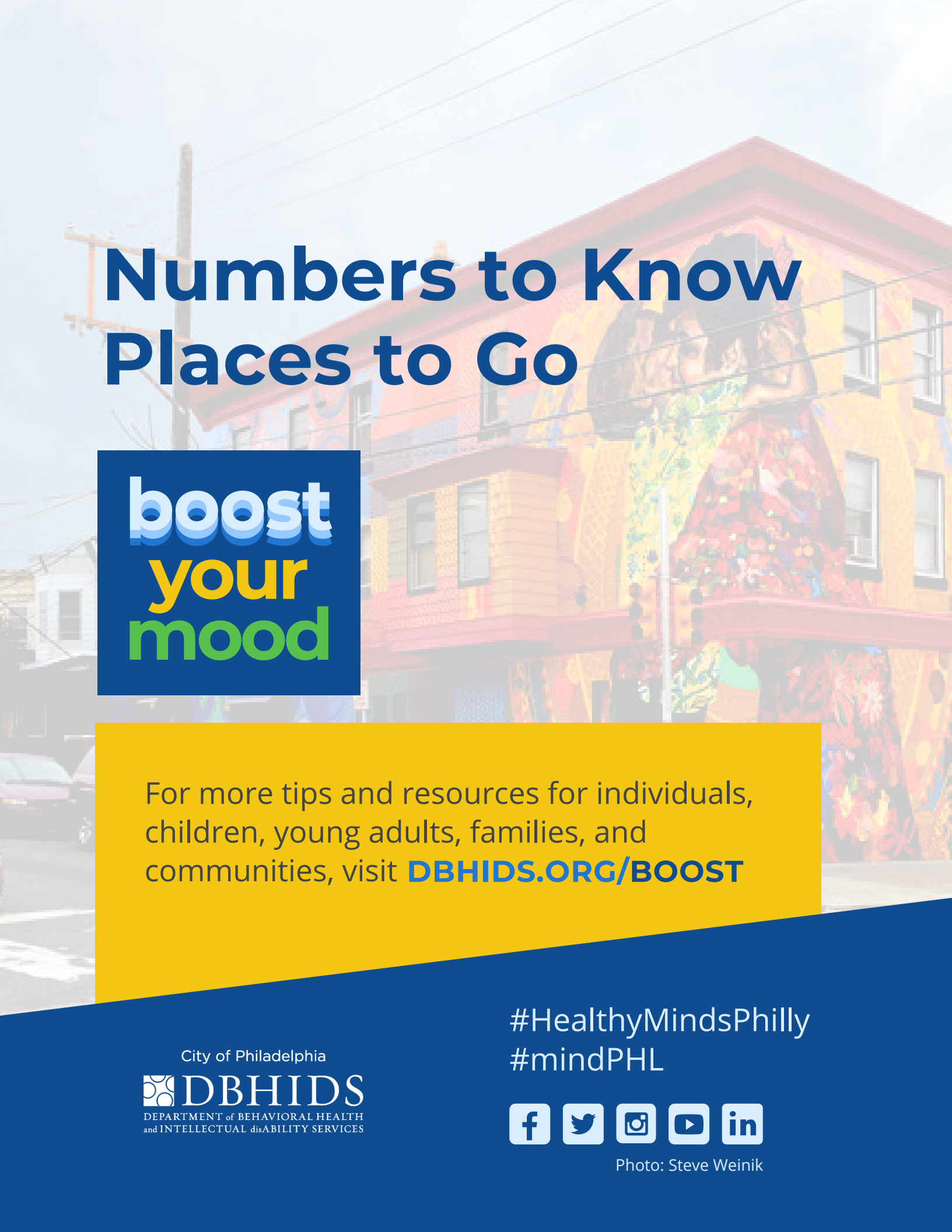

Numbers to Know
Places to Go

boost your mood

For more tips and resources for individuals, children, young adults, families, and communities, visit **DBHIDS.ORG/BOOST**

#HealthyMindsPhilly
#mindPHL

City of Philadelphia
DBHIDS
DEPARTMENT of BEHAVIORAL HEALTH and INTELLECTUAL disABILITY SERVICES

Photo: Steve Weinik

City of Philadelphia
DBHIDS
DEPARTMENT of BEHAVIORAL HEALTH and INTELLECTUAL disABILITY SERVICES

888-545-2600

Call for mental health and substance use services

988 or 215-685-6440

Call or Text for mental health crisis

The City of Philadelphia's Department of Behavioral Health and Intellectual disAbility Services offers resources, services, and advocacy through a strong partnership with a network of healthcare providers to help people, whether they are uninsured or under-insured, lead a fulfilling life in a supportive community free of stigma.

Phone Numbers

Emergency Hotlines*

National Suicide Prevention Lifeline Veterans dial 1	800-273-8255
Mental Health Crisis Line	988 or 215-685-6440
Child Protective Services	215-683-6100
Adult Protective Services	877-401-8835
Domestic Violence Hotline	866-723-3014
Homeless Outreach Hotline	215-232-1984

Intellectual disAbility Services

Main office	215-685-5900
Emergency line	215-829-5709

Substance Use Treatment

Community Behavioral Health* Behavioral health services for Medicaid recipients	888-545-2600
Behavioral Health Special Initiative (BHSI) Substance use services for those under and uninsured	215-546-1200
Council on Compulsive Gambling	800-848-1880
Philadelphia Recovery Community Center Supportive services in a community-based setting	215-223-7700

More Services

Mental Health First Aid Training	215-790-4996
City Hall Connection, Philly311	311

*Avaialble 24 hours a day, 7 days a week

24-Hour Services

For immediate help, call **988** or visit a **crisis response center** in your area:

Friends Hospital
4641 Roosevelt Blvd.
215-831-2600

Einstein Medical Center
5501 Old York Rd.
215-951-8300

Hall Mercer
234 S. 8th St.
215-829-5433

Episcopal Hospital
100 E. Lehigh Ave.
215-707-2577

Children's Crisis Response Center
3300 Henry Ave., Falls Center 2, Suite 3N
215-878-2600

NET Centers (Substance Use Treatment)
1007 W. Lehigh Ave.
215-408-4987

Online Services

HealthyMindsPhilly.org
A friendly, no-cost resource to support the wellness of all Philadelphians. Features include 24/7 online behavioral health screening, access to Mental Health First Aid trainings, and comprehensive resources.

C·B·H Community Behavioral Health

Philadelphia's comprehensive behavioral health managed care system for Medicaid recipients. CBH is a diverse and innovative organization that supports wellness, resiliency, and recovery for all Philadelphians.

Learn more about CBH at **CBHPhilly.org**.

Recovery • Resilience • Self-Determination

DBHIDS.org

Mental Health Help

For more resources visit mindPHLtogether.com

City of Philadelphia

24/7 Mental Health & Addiction Services C·B·H Community Behavioral Health **888-545-2600** CBHPhilly.org	**Free Behavioral Health Screening** Healthy Minds Philly .org **healthymindsphilly.org**	**School District Counseling Services** Philly HopeLine Hope Is Only A Call Away **833-PHL-HOPE** 833-745-4673
Crisis Text Line CRISIS TEXT LINE **Text: HOME to 741741**	**24/7 Mental Health Crisis Hotline** City of Philadelphia DBHIDS DEPARTMENT of BEHAVIORAL HEALTH and INTELLECTUAL disABILITY SERVICES **988** **215-685-6440**	**Substance Use Treatment Support** NET Centers **1007 W. Lehigh Ave.** **215-408-4987**
Mental Health Warm-line NAMI National Alliance on Mental Illness **267-687-4381** non-emergency	**National Suicide Prevention Lifeline** **988 call or text**	**24/7 COVID-19 Helpline Referral & Support** PA **855-284-2494**

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