



Quit Smoking Services Coverage in Philadelphia

Philadelphia Department of Public Health



Quit With Help. Quit For Good.

As of January 1, 2014, The Affordable Care Act (ACA) requires most insurance plans to cover quit smoking services. Individual plans and coverage can vary and are subject to change. Call the member services number on your insurance card for more detailed information.

PRIVATE INSURANCE

Aetna

- **How many quit attempts per year?**
No annual limit on quit attempts per year.
- **What quit smoking medication is covered?**
Nicotine gum, nicotine inhaler, nicotine lozenges, Chantix*. Prescriptions are required for coverage of medication.
- **What are the cost-sharing requirements for medications?**
None
- **Are quit smoking counseling services available?**
Services are paid for primarily by a member's behavioral health management benefit

Independence Blue Cross (IBX)

- **How many quit attempts per year?**
No annual limit on quit attempts per year
- **What quit smoking medication is covered?**
Chantix*, Zyban**, nicotine inhaler, nicotine nasal spray.
- **What are the cost-sharing requirements for medications?**
None
- **Are quit smoking counseling services available?**
Reimbursable up to \$200.00 for a Healthy Lifestyles approved quit smoking program upon completion

For more information,
Call: 1-800-US-AETNA
Go to: <https://www.aetna.com>

For more information,
Call: 1-800-ASK-BLUE
Go to: <http://www.ibx.com/>

*Also known as Varenicline
** Also known as Bupropion or Wellbutrin

PUBLIC INSURANCE

Medicare

- **How many quit attempts per year?**
Up to two quit attempts per year
- **What quit smoking medication is covered?**
Nicotine nasal spray, nicotine inhaler, Zyban**, and Chantix*
- **What are the cost-sharing requirements for medications?**
No cost sharing
- **Are quit smoking counseling services available?**
Four sessions of individual counseling is available.

Philadelphia Medicaid (including Health Choices)

- **How many quit attempts per year?**
No limit for quit attempts per year
- **What quit smoking medication is covered?**
Nicotine patches, nicotine gum, nicotine inhaler, nicotine nasal spray, nicotine lozenges, Zyban** and Chantix*
- **What are the cost-sharing requirements for medications?**
With a prescription, medications are available for \$0-3 a month
- **Are quit smoking counseling services available?**
Yes, individual and group

For more information,
Call: 1-800-MEDICARE
Go to:
<http://www.ehealthinsurance.com/medicare/pennsylvania>

For more information,
Call: 1-800-692-7462
Go to:
<https://www.compass.state.pa.us/compass.web/cmhom.aspx>

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Questions to ask your insurance plan

- How many quit attempts per year?
- What quit smoking medication is covered?
- Are quit smoking counseling services available?
- What are the cost-sharing requirements (co-pay)?

For additional help in quitting smoking, please go to www.smokefreephilly.org or call 1-800-QUIT-NOW (1-800-784-8669)

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